### Sacramento’s Creating Community Solutions Network

**COUNCIL MEETING September 18, 2014**

#### Meeting Summary

**PARTICIPANTS:**
- Linda Bessire
- Heather Blessing
- Matt Cervantes
- Shirley Darling
- Andria Dickerson (Guest)
- Ann Fazil
- Lilyane Glamben
- Makeda Johnson (Guest)
- Lynn Keune
- Diane Lampe
- Deb Marois
- Laura McCasland
- Martha McClellan-Morehouse
- Stephanie Ramos
- Cheryl Raney
- Pamela Robinson
- Tatiana Shevchenko
- Branden Sweeney
- Jeff vonKaenel
- Lee Jay Vue

#### Discussion/Agenda Item

<table>
<thead>
<tr>
<th>Welcome, Project Support Update &amp; Introductions</th>
<th>Action/Agreements</th>
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<tbody>
<tr>
<td>- Introductions</td>
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<td>- Reminders:</td>
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<tr>
<td>✓ Meeting schedule and contact list included in binder</td>
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<td>✓ Please RSVP to emails from Pamela Robinson when meeting reminders are sent</td>
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<td>✓ Council summaries are sent electronically – please self-print/insert in binder if desired</td>
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<td>- Update:</td>
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<td>✓ Information shared about the <em>Stand Up Speak Out</em> Youth Rally against Bullying at the Capital on October 11.</td>
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<td>✓ Revisit of our Collective Impact noting that the Sac Mental Health Plan serves as our foundation, the idea is to work together in ways that allow us to “move the needle” on specific outcomes/indicators; and that this work is not an “add on” but more about connecting to and enhancing what we are already doing within our respective organizations.</td>
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#### Text, Talk, Act: A Creating Community Solutions Resource

- Shared information about the upcoming Suicide Prevention Week event, *Text, Talk, Act* to Improve Mental Health. Members previewed a brief “how to” video and were encouraged to join the national conversation event on October 6. The one-hour national dialogue is designed to demonstrate the importance of taking care of your mental health and how to help a friend in need.

- Pamela will email information about the Oct. 6 event including instructions on how to participate.
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| **Action Team Reports and Follow-Up**        | ▪ Reminded Council of their role as a coordinating hub for the work of the Action Teams; help make connections between people and existing resources  
▪ Introduced process by which Action Teams will report to the Council  
  ✔ 5 minute report from each Action Team – “Triple A” Actions, Asks, Any Cultural Competency Considerations  
  ✔ Council members to listen for “intersections/overlaps” – where might there be opportunities for greater coordination and leverage among Action Teams  
▪ See following pages, *Action Team Reports and Follow-Up* for a summary of the Action Team reports |
| **Cultural Competence in Mental Health: Identifying Local Resources and Needs** | ▪ Due to time constraints, agenda item to be addressed at the October 24 meeting.                                                                                                                                                                                                                                                                    |
| **Upcoming Trainings**                       | ▪ Contact Lilyane Glamben, ONTRACK for more information:  
  ✔ Oct. 28 – DHCS, Best Practices in Suicide Treatment for Boys and Men of Color  
  ✔ Oct. 22-23 – UCLA 11th Annual Integrating Substance Use, Mental Health and Primary Care Conference  
  ✔ FYI…ONTRACK has three (3) MHFA trainers in Sacramento area who are available to conduct trainings  
▪ Contact Lynn Keune, La Familia for more information:  
  ✔ MHFA and YMHFA trainings – call to get on the list                                                                                                                                                                                                                                       |