PARTICIPANTS:
Emily Bender  Ann Fazil  Deb Marois  Elliana Rangel
Heather Blessing  Lilyane Glamben  Marti McClellan-Morehouse  Pamela Robinson
Matt Cervantes  Ben Hudson  Stephanie Ramos  Nia Simien
Shirley Darling  Lynn Keune  Cheryl Raney  Independence Taylor
Suzi Dotson  Diane Lampe

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<th>Discussion/Agenda Item</th>
<th>Action/Agreements</th>
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| Welcome, Introductions & Updates                | ▪ Introductions – Cheryl welcomed the group, acknowledged this is the last regular meeting of the AT’s and Council – the entire Network will meet July 24 at SHF to celebrate successes  
  ▪ Matt C. provided a brief welcome and update on the National effort and plans for convening a National Youth Conference.  
  ▪ Deb facilitated introductions  
  ▪ Elliana Rangel – met her requirements to promote to 11th grade; shared her presentation and outcomes of her work; bringing CSUS SW in to provide counseling for students |
| Action Team Reports and Follow-Up              | ▪ Brief reports from each AT re their presentation plans for July 24  
  ▪ Karen George had 30 likes and won the first FB contest  
  ▪ Special kudos to Ben Hudson for having over 100 likes and then some! Ben received a prize as well.  
  ▪ FB has gone from 31 to 433 likes  
  ▪ Posts are reaching 366 people – over 1500 people “touched” (i.e. may have started, but not completed) the survey  
  ▪ FB page is for youth resources |
| The Council Role in “Moving the Needle” – Reflecting on Progress, Process and Recommendation for Next Steps | ▪ Pamela set the context of AT project reports and parallels to Council work on Strategy 8  
  ▪ Deb facilitated activity and discussion to collect Council feedback for Reporting on Strategy 8 activities  
  ▪ Summary of brainstorm activity follow on next page. A more detailed report of outcomes will be provided at a later date |
| Next Steps, Meeting Reflection & Closing        | ▪ Deb facilitated activity for group to acknowledge each other and the Council’s work and to celebrate Pamela’s work and her retirement |
| Celebrating Contributions and Marking Transition|                                                                                                                                                  |
Accomplishments & Outcomes (Post-its)
Enhanced cultural competency and education among participants
- Recognizing the breadth and depth of cultural competency
- Learned how to be more sensitive and enhanced vocabulary for cultural competency from experts and each other; experts added reliability
- Action team members and council members are more educated on cultural communities
- Educated on aspects of cultural competency that may not have been aware of
Enhanced coordination and collaboration among Action Teams
- Created a platform for networking and collaboration
- “Fine tuning” the work of Action Teams...e.g. Similar tasks
- Council provided accountability and stay on task
- Council provided guidance to action for decision making
Authentic youth engagement/participation that produced results
- Provided expanded reach to community members and community organizations that aren’t always in the room. Youth really participated.
- Youth panel on Mental Health Matters
- The Met proposal to have a counselor from Sac State provide services

Council Progress – Outcomes Discussion Reflections
- Opportunity for people who aren’t usually “in the know;” able to learn about community resources. Those who do have access get an “eye opener.”
- Cross-system connections were carried over from other meetings. Now, we finally know each other. “The web of connections is broader in Sacramento County.”
- Helped elevate and expand conversation about mental health in Sac County,“ changed it”
- Strengthened voices of people who sometimes get “shut down” in public meetings
- Talk turned into action
- There are deliverables from the Day of Dialogue – from plan to action

Recommended Next Steps (Post-its)
Priority Ideas from Small Group Consensus
- Keep investment in youth going in Council; keep adding youth
- Keep cultural competency conversation going; adding new voices
- No ‘Band-Aid’ cultural competency fixes
- Find a way to put on a CLAS training
- Continue recognizing breadth/depth of cultural competency
- Ensure multiple translations of products developed by Sac CCS Network
- Suggest mental health organizations to open paid positions for youth
- Housing and employment must be addressed within mental health context (youth w/ mental health say they just want a job)
The Council Role in “Moving the Needle” – Reflecting on Progress, Process and Recommendation for Next Steps
June 18, 2015

Additional Ideas
- Find ways to reach cultural groups/youth who were unable to participate in afternoon meetings
- Engage “non-system” stakeholders...i.e. consumers, family, etc.
- Promote the matrix as a resource to the community
- Make sure Cal State interns connections takes place at The Met
- CCS Network informal update
- Fund grassroots solutions (Office of Health Equity]
- Connect with Building Healthy Communities and other initiatives

Summary of Recommendations
- Address employment and housing for youth experiencing mental health issues
- Keep investment in youth participation
- Support MET project
- Continue to keep/build momentum and conversation
- Promote matrix to community
- Bring mental health to primary health

Discussion: How to bring “non-regulars,” new voices into the “regular” conversation
- Email MHSA Steering Committee application to Sac CCS Network
- Meeting schedule
- Continue sharing information on Google group
- Invite County Supervisors to understand barriers and gaps
- Engage policymakers, state legislature
- Community worker model leverage funds to enable people to engage (incentive of money); look at employment mandates (SAMSHA)
- CHIPS program research