SCCSN Council

Sacramento’s Creating Community Solutions Network
COUNCIL MEETING April 16, 2015
Meeting Summary

PARTICIPANTS:

- Kekoa Bajet
- Chris Bethoney
- Heather Blessing
- Matt Cervantes
- Fantasia Clark
- Matt Gallagher
- Kaying Hang
- Ben Hudson
- Lynn Keune
- Diane Lampe
- Imani Lucas
- Deb Marois
- Elliana Rangel
- Pamela Robinson
- Samantha Mott
- Martha McClellan-Morehouse
- Cheryl Raney

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<thead>
<tr>
<th>Discussion/Agenda Item</th>
<th>Action/Agreements</th>
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<tr>
<td>Welcome, Project Support Update &amp; Introductions</td>
<td>- Introductions – Cheryl welcomed the group.</td>
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<td></td>
<td>- Matt C. provided a brief update on CCS National Convening. He thanked the team representing our Network at the meeting. Multiple cities participated, while Sac CCS focused on implementation efforts to date, others still focused on Day of Dialogue. Participants really appreciated Sacramento’s work in this arena. Representatives from Washington D.C. would like to use the youth survey developed by AT-B to survey youth in their city! Darrell Steinberg, Chet Hewitt, CEO of Sierra Health Foundation and Dave Gordon, Superintendent of Schools (SCOE) also attended the event.</td>
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<td>- Reminders:</td>
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<td>✔ Please RSVP to emails from Pamela Robinson when meeting reminders are sent</td>
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<td></td>
<td>✔ Council summaries are sent electronically – please self-print/insert in binder if desired</td>
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Final 4.16.15
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<tr>
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<td>Pulse Check: Pause, Reflect and Recommend – <em>What’s Next for Cultural and Linguistic Competency in Mental Health (Strategy 8)</em></td>
<td>Deb provided an overview of discussions and activities undertaken to date related to Strategy 8. Council members were then led through a series of questions and discussion to help determine next steps. A summary of this discussion follows on next page.</td>
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| Action Team Reports and Follow-Up                                                     | - Introduced process by which Action Teams will report to the Council  
  ✓ 5 minute report from each Action Team – “Triple A” Actions, Asks, Any Cultural Competency Considerations  
  ✓ Council members to listen for “intersections/overlaps” – where might there be opportunities for greater coordination and leverage among Action Teams  
  - *The Action Team Reports and Follow-Up* summary document follows beginning on page 3. |
SacCCSN Council Meeting – 4/16/15

Agenda item: Pulse Check: Pause, Reflect and Recommend – What’s Next for Cultural and Linguistic Competency in Mental Health (Strategy 8)?

Action Step: Research models of strong culturally competent community mental health and consider their application locally.

Session Goal: Reflect on Network activities related to cultural competency in mental health (Strategy 8) and discuss recommendations for next steps.

Council Brainstorm

Thinking about S8 and the activities we’ve undertaken...

What are you and/or your organization/school doing differently as a result of our cultural competency dialogue?

- Christian Partnerships, Inc. and Health Ed. Council beginning to include threshold languages and strategies into outcomes
- As a result of the work by the County related to cultural competency and Ben Hudson’s presentation, I have become more aware of cultural competency in general.
- On an individual level, more sensitivity and consciousness in verbal and written language
- Not a whole lot of movement in my organization, but I have become more culturally competent in my personal life!
- Reinforcing need for youth engagement and youth voice in collaboratives
- Expanded idea of what youth and TAY means including the concept of TAY as a cultural group with many sub-cultures

What ideas to ensure cultural competencies in MH are bubbling up?

- Making sure MH providers are aware that TAY is a culture that needs to be serve competently.
- Everyone within mental health system needs to be sensitive to cultural considerations
- Signs – in various languages:
  - Teach me a greeting in your language
  - Teach me something about your culture
  - Let’s find ways to communicate
- Videos in different languages to assist parents with enrolling their children in school – step-by-step instructions on how to complete forms/paperwork
- To make all MH resources available in languages beyond Spanish/English…more inclusive…always look for more ways to be inclusive
- Including MH into scope of H.E.A.L. efforts in traditionally under-served communities.
- Need for cultural competency training led by mental health stakeholders (those impacted by mental health issues/systems)

What would be the most valuable way to spend our time on Strategy 8 at the next two Council meetings?

- Representative from Hmong community to speak about the culture including this cultural group’s reticence to talk about and/or address MH topics. What are recommendations for getting to know and interact with this population to provide MH supports?
- Keep the conversation going and continue having presentations about other cultures.
- Work with Council to identify groups/individuals to translate the youth survey into various languages.
- Continue to find more ways to be culturally competent
- Provide a “communications update” to the larger Day of Dialogue attendees to acknowledge and express gratitude for their early participation.
- Explore concept of “cultural humility” to build a broader understanding of what it means to be culturally competent.
**Triple A: Actions, Asks, Any Cultural Considerations**

**Team A – Identifying Early Signs of MH Issues**

**Action**
- Joined Action Team B for an update on HealthShack and to brainstorm eligibility
- Continued development of a set of recommendations for school districts to expand early identification efforts
- Continued development of matrix of available YMHFA and/or Trauma Informed classes being offered in the greater Sacramento area

**Asks**
- Once the Matrix document is finalized will need assistance with duplication/dissemination

**Any Cultural Considerations**
- Be intentional about cultural considerations in all action steps

**Team B – Social Media**

**Actions**
- Updated the Team on the presentation about the Youth Panel at the National Convening youth survey
- Worked on the Face Book “Like” contest to generate more visits to the CCS Face Book page

**Asks**
- Please join the Face Book group

**Any Cultural Considerations**
- Targeted surveying of youth (i.e., ethnic, cultural)
- Multi-lingual postings on Facebook page
- Ability to disaggregate survey data by demographics, etc.
- Be intentional about cultural considerations in all action steps

**Team C – Integrating Behavioral/Primary Health Care**

**Actions**
- Developed outline for White Paper and writing sections have been assigned to team members
- Considering writing a letter to the new managers of 2-1-1, Goodwill Industries.

**Asks**
- Would like other Action Teams to collaborate on composing the 2-1-1 letter

**Any Cultural Considerations**
- Cultural considerations for 2-1-1 letter
- Ensure the White Paper appeals to broad audience of lay people and consumers
- Be intentional about cultural considerations in all action steps
Team D – Supports for TAY – *Team elected not to meet in February*

**Actions**
- Action Team A joined us for HealthShack update and to brainstorm eligibility requirements
- Shared about upcoming Text Talk Act events in April and May
- Updated about process of navigation tool and nominated youth friendly agencies to explore including
- Presented about Elinor Hickey Jr./Sr. High and other SCOE Community Schools

**Asks**
- Add “specialties” to SacCCSN roster

**Any Cultural Considerations**
- LGBT covered in navigation toolkit
- Language considerations - electronic version

**LIST OF COUNCIL “ASKS” BY ACTION TEAM**

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<tr>
<th>Action Team</th>
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<tbody>
<tr>
<td>ATA</td>
<td>Assistance with duplication/dissemination of Matrix document</td>
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<td>ATB</td>
<td>Share the Youth Panel Video on Face Book</td>
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<td>Join the new Facebook Group. Please click the “Like” button and share Facebook posts widely.</td>
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<tr>
<td>ATC</td>
<td>Collaboration with other Action Teams to compose 2-1-1- letter</td>
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