PARTICIPANTS:
- Heather Blessing
- Matt Cervantes
- Shirley Darling
- Ben Hudson
- Lynn Keune
- Deb Marois
- Samantha Mott
- Martha McClellan-Morehouse
- Stephanie Ramos
- Elliana Rangel
- Pamela Robinson
- Branden Sweeney

<table>
<thead>
<tr>
<th>Discussion/Agenda Item</th>
<th>Action/Agreements</th>
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| Welcome, Project Support Update & Introductions | - Introductions – Pamela welcomed the group and announced that the Office Health Equity will be presenting on the CA Strategic Plan to Reduce MH Disparities at our special Network meeting on March 19. She also reminded folks that all of the AT & Council members will come together for this mid-project sharing, networking and learning opportunity. Members were invited to share one thing they would like to learn at that meeting.  
  - Reminders:  
    ✓ Please RSVP to emails from Pamela Robinson when meeting reminders are sent  
    ✓ Council summaries are sent electronically – please self-print/insert in binder if desired |
| Presentation: Cultural Competency with LGBTQ Community | - Council member, Ben Hudson provided an overview of the LGBTQ community and insight about cultural competency issues affecting the LGBTQ population. |
| Action Team Reports and Follow-Up       | - Introduced process by which Action Teams will report to the Council  
  ✓ 5 minute report from each Action Team – “Triple A” Actions, Asks, Any Cultural Competency Considerations  
  ✓ Council members to listen for “intersections/overlaps” – where might there be opportunities for greater coordination and leverage among Action Teams  
  - The Action Team Reports and Follow-Up summary document follows on next page. |
**Triple A: Actions, Asks, Any Cultural Considerations**

### Team A – Identifying Early Signs of MH Issues

**Action**
- Previewed a video on Cognitive Behavioral Intervention for Trauma in Schools (CBITS) – CBITS is a school-based program designed for delivery in a school setting by mental health professionals. Program goals include symptom reduction for PTSD symptoms, general anxiety, low self-esteem and behavioral problems; building resilience and providing peer/parent support
- Continued development of a set of recommendations for school districts to expand early identification efforts
- Continued development of matrix of available YMHFA and/or Trauma Informed classes being offered in the greater Sacramento area

**Asks**
- None at this time

**Any Cultural Considerations**
- Be intentional about cultural considerations in all action steps

### Team B – Social Media

**Actions**
- Decision to continue youth survey administration to target specific ethnic communities in the County
- Previewed the Youth Panel video
- Welcomed the addition of five (5) new youth partners to the Action Team

**Asks**
- Once the team posts the Youth Panel video to the Network’s FB page, please share widely
- Visit the new Facebook page. Please click the “Like” button and Share Facebook posts widely

**Any Cultural Considerations**
- Targeted surveying of youth (i.e., ethnic, cultural)
- Multi-lingual postings on Facebook page
- Ability to disaggregate survey data by demographics, etc.
- Be intentional about cultural considerations in all action steps

### Team C – Integrating Behavioral/Primary Health Care

**Actions**
- Update on 2-1-1 and incorporate recommendation for a referral service into the White Paper being developed
- Plans for inviting “integration champions” to meetings in April and May

**Asks**
- Has there been a study related to primary health/mental health integration efforts in the County?
- Is anyone familiar with the Why SAC network?
Any Cultural Considerations

- Continue to pay attention to cultural needs/perspectives
- Ensure the White Paper appeals to broad audience of lay people and consumers
- Be intentional about cultural considerations in all action steps

Team D – Supports for TAY – *Team elected not to meet in February*

**Actions**

**Asks**

*Any Cultural Considerations*

**LIST OF COUNCIL “ASKS” BY ACTION TEAM**

<table>
<thead>
<tr>
<th>Action Team</th>
<th>Ask</th>
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<tbody>
<tr>
<td>ATC</td>
<td>Share the Youth Panel Video on Face Book</td>
</tr>
<tr>
<td></td>
<td>Visit the new Facebook page. Please click the “Like” button and share Facebook posts widely.</td>
</tr>
<tr>
<td>ATB</td>
<td>Is anyone familiar with the Why SAC network?</td>
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<tr>
<td></td>
<td>Has there been a study related to primary health/mental health integration efforts in the County?</td>
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*Final 2.19.15*