Sacramento’s Creating Community Solutions Network
Graphic Notes from June 6, 2014 Meeting

**Building on May 2 Outcomes**

- **Questions, insights, group report out**
- **Strategy 1 & 2 could be our teams**
- **Counselors for younger children**
- **How do we move to more strength-based approach?**
- **Education, differentiating between learning vs. mental difficulties**

**Social Media:**
- **Way to target youth**
- **Great idea!**
- **Text conversations = comfortable for youth**

**Anti Bullying Training:**
- Videos, Posters, Laws, Steps, Social Media
  - Include teachers & parents

**Parent Outreach:**
- **More sharing of what resources are available**
- **What about young adults older than \( \text{16} \text{ yrs} \)?**

**Acknowledging Social Media Outreach:**
- **Is working!**
- **Include text number**

**Make sure we don’t “silo” these efforts**

**Need opportunities to dive into complex, rich discussions**

**More parental involvement (build trust)**

**Strategies should acknowledge drug & alcohol abuse**

**Day of Dialogue Participants:**
- Don’t know about this effect
- Track participants

**MultiCultural Media Outreach**

**What was 2013 President Obama’s “call to action” about?**

**National Dialogue on Mental Health**

**Sacramento Leading Effort (i.e. Creating Solutions)**

**Action plan is outcome & what feedback we are using/linking to in this local effort**

**Mental Health & Wellness**

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Skills for Working Collectively:
- Communication
- Collaboration
- Clear Shared Vision
- Know Our Role
- Open to Suggestions
- Follow Through
- Respect
- Flexibility
- Clear Mission & Goal
- Deciding Success
- Timeline
- Define Success
- Have Plan B
- Leadership
- Model Commitment to Better Society
- Why Do This with People's Gifts
- Don't Sweat Small Stuff
- Be Flexible, Not Rigid
- Energy
- Accountability
- Transparency

Collective Impact:
- Cross Sector Partnership
- Driven by Results
- Data Driven - Used to Improve
- Work is What You Do Everyday
- Principles
  - Move the Needle
  - Share Vision
  - Shared Measurement / Data
  - Mutually Reinforcing Activities
  - Continuous Communication
  - Backbone Support

Group Decision Making:
- Tough! Must make investment to make it happen
- Can be stressful when no plan!
- Need Clear Rules

Consensus:
- Everyone's Heard
- Better Buy-in
- More Ownership
- No One Gets Everything / Autocratic
- Viewed as validating decision
- Poor 'Facilitator' (Bully)
- Good Thinker

Levels of Agreement:
- Reaching Agreement / Negotiating Solutions
- Clarify Issue. Define Problem / Constraints
- Focus on Interests
- Brainstorm Issues
- Generate Objective Fair Criteria
- Eliminate Options That Don't Meet Criteria
- Be Open to New Possibilities That Will Result in Desired Outcomes

Practicing: Strategy B - Cultural Language Competencies
- Separate Group Removes People From Regular Teams
- SAC: How Diverse County - Committee with representation on each team - Needs Less Frequently
- Committee to focus on process on how teams can leverage cultural/language resources and capabilities
- This work should be done at front - so larger issues are discussed
- Look Beyond Anglo-Saxon Perspectives (country people, values)
- All cultures have value
- Identities, Identity Perspectives
- Language is Separate From Culture

Proposal: Strategy B is Main Responsibility of Council

We Need Expertise on This Issue!
We All Need Info.
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Facilitating & Collective Change

- STRATEGIES & WRAP UP
  - California MSHA Multicultural Commission - June 18 Training
  - Start is National Recovery Month
  - Not ready to make decision, but exercise served as good practice
  - Issue must be dealt with up front sooner than later
  - All teams need tools to address cultural & language diversity

- WHAT MAKES A GOOD MEETING?
  - Agenda/Timed
  - Comfortable space
  - Great facilitator (participation)
  - Flexible structure
  - On site - location
  - Time used valuably
  - Summary at ends
  - Materials on hand/early
  - Enthusiasm
  - Sense of purpose

Facilitators Role
- Impartial
- Record & Summarize work
- Manage meetings/end on time
- Encourage participation
- Build consensus
- Consistent mtg improvement
- Collect feedback

Practice Time!
- Strategies to engage young people
- What actions will we commit to?

Action Teams MTGS

Action Team Report Outs

Thoughts & Next Steps

A) ID EARLY SIGNS
- Lack of knowledge around M-H which leads to negative reactions
- Use/recycle what exists
- More info on new media (support, etc.)

B) SOCIAL MEDIA
- Research what has worked
- Look at existing campaigns (e.g. work in our shoes.org)

C) INTEGRATING PRIMARY CARE & BEHAVIORAL HEALTH
- What action?
  - Need to engage “missing” stakeholders
  - Create resource lists (clear/unique)
  - Utilize/mobilize existing talents
- Build on existing relationships (invite to meetings)

D) TAY SUPPORT & EMPLOYMENT
- Close look at collaborating w/ER
- ACA alignment with existing plans
- More entry points
- Have ongoing help
- Local to high risk youth

Action Teams MTGS

Brainstorm:
- Sticky wall

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