Welcome and Opening Remarks

Chet Hewitt, CEO and President of Sierra Health Foundation, provided opening remarks about the journey of the RPC Project, the success of this mental health respite program and the contributions of all RPC members and partners.

Michelle Nevins, RPC Member, opened the meeting, welcomed members and guests and led a round of introductions.

The goals for the day:

- Celebrate the success of the Respite Partnership Collaborative
- Provide clarity on next steps and the transition of the RPC

The group then previewed two RPC project videos for the Del Oro Caregiver Resource Center and Gender Health Center. Videos on respite services are available at http://www.shfcenter.org/rpc/videos. Four videos are currently posted and the others are in production.

Updates

Review the May 19 final Community Stakeholder Meeting

Frank Topping, RPC Member, provided an overview of the final Community Stakeholder Meeting. He reviewed the evaluation summary and gave time for members who had attended the meeting to reflect on its success.

MHSA Steering Committee Update

Jane Ann LeBlanc, RPC Member and Division of Behavioral Health Services (DBHS) representative, provided an informational update on occurrences since the May 19 Steering Committee meeting. Uma ZykoFSky, Deputy Director, shared at the Steering Committee meeting that DBHS reviewed records on the RPC decision-making process as related to the Sacramento LGBT Community Center and its grants, and concluded that the issue is resolved. Jane Ann reiterated that all 11 grantee programs will receive sustainability funding through MHSA.

RPC Letter/Presentation to the MHSA Steering Committee

Iffat Hussain, RPC Co-Chair, led a discussion on an RPC presentation for the MHSA Steering Committee that summarizes the RPC learning, challenges and accomplishments. The potential presentation would be facilitated by RPC members and would be paired with the American Institutes for Research presentation on the evaluation findings. The RPC then broke out into groups to develop an outline of the presentation, point persons, key messages and next steps:

- Presentation goals
  - To show anecdotal and emotional evidence/story to support the data from AIR
  - Report further need for respite services and ask them to consider funding other respite applicants in the future
  - Report on Friends of Respite
  - Represent the RPC journey
- The experience of the RPC as part of the project
- RPC perspectives on project learnings
- The process of the Innovation Work Group and how it launched the RPC (paint the whole picture)
- Capture the vision of the project

- Key messages
  - Respite saves lives
  - There is still a need for more respite services
  - Innovation and community involvement are key to building successful respite programs/services
  - Respite ensures better mental health outcomes
  - Respite helps clients/community members build and maintain community structure
  - Next steps for Friends of Respite
  - That this is not the end
  - Increase number of representatives in RPC from family members of consumers/lived mental health experience
  - MHSA main component family/consumer-driven project
  - Telling the story about the journey from the beginning (i.e. work group)
  - Trinity perspective of the private, public and community dynamic

- Point people (coordinating the presentation, working with DBHS)
  - Kay Temple Kirk
  - Iffat Hussain

- Speakers
  - Kay Temple Kirk
  - Arden Tucker
  - Leslie Napper (tentative speaker)

**Friends of Respite Network Conversation**

*Iffat Hussain and Frank Topping*, reviewed the past collaborative discussion on continuing the work of the RPC through an electronic network that individuals can opt in or out of. Since the May RPC meeting, Frank Topping has started F.O.R. Sacramento (Friends of Respite) as a Facebook group.

- **What is the goal of the network (why do we want to do this)?**
  - Connect with the people and organizations who recognize the continued need for respite in the community
  - Further promotion of respite as a model not only for new organizations to take on as a new program, but also as something that can be adopted by existing organization (libraries)
  - To continue to help underserved populations be served
  - To promote collaboration
  - To communicate better

- **Who is the network for?**
  - RPC members (former and current)
  - RPC grantees
  - Begin with these partners in the first phase and then establish the network with a more vested group, then later open the audience to:
    - Consumers of respite services
    - Other community organizations
    - MHSA Steering Committee members
• Member of any board or commission
• Government
• Everyone

• Other considerations
  o Ground rules
  o For those who do not have Facebook, continue the conversation via e-mail

• Next Steps
  o Continue this discussion electronically with RPC members

**Celebration and Light Refreshments**

*Michelle Saeteurn, RPC Co-Chair,* led the celebration and acknowledgement of RPC volunteer members and the impact of their work over this four-year mental health respite project. Members shared responses to the following question: “What have you gotten out of the experience of participating in the RPC Project?”