Respite Partnership Collaborative
Community Stakeholder Meeting
May 19, 2016
@RespiteSac
Respite Partnership Collaborative (RPC) Innovation Project Evaluation

The Community-Driven Process

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Overview

- Evaluation Objectives
- Community-Driven Process Definitions and Activities
- Strengths of the Community-Driven Process
- Challenges to the Community-Driven Process
- Lessons Learned
Evaluation objectives

- Assess the extent to which the RPC Innovation Project:
  1. Promotes successful collaboration between public and private organizations (Division of Behavioral Health Services and the Center for Health Program Management) in Sacramento County.
  2. Demonstrates a community-driven process.
  3. Improves the quality and outcomes of respite services in Sacramento County.
Community-Driven Process Definitions and Activities
What does community-driven mean to you?

<table>
<thead>
<tr>
<th>Being included in process</th>
<th>Generating ideas and identifying priorities</th>
<th>Leading and making decisions</th>
<th>Working on behalf of community</th>
</tr>
</thead>
<tbody>
<tr>
<td>“The ENTIRE community is informed and engaged in the process.”</td>
<td>“That the work is generated by and led by the community that will be impacted by the work.”</td>
<td>“Community-driven for me means that the community (RPC) is determining the direction of and making the decisions.”</td>
<td>“That we fight to meet the needs of community members and not our own.”</td>
</tr>
</tbody>
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Very important activities in a community-driven process

- Attending full RPC meetings
- Developing options about funding priorities
- Making decisions in response to options
Strengths of the Community-Driven Process
Grant funding for new respite services

- Released three requests for proposals (RFPs)
- Selected three rounds of grantee recipients
- Distributed millions of dollars to community-based organizations
Diverse membership representing many stakeholder perspectives

<table>
<thead>
<tr>
<th>Perspectives</th>
<th>2013 n = 21</th>
<th>2014 n = 16</th>
<th>2015 n = 14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Professional</td>
<td>3 (14%)</td>
<td>3 (19%)</td>
<td>1 (7%)</td>
</tr>
<tr>
<td>Government staff or non-profit organization staff</td>
<td>6 (29%)</td>
<td>3 (19%)</td>
<td>6 (43%)</td>
</tr>
<tr>
<td>Individual with lived mental health experience or family member of an individual with lived mental health experience</td>
<td>10 (48%)</td>
<td>8 (50%)</td>
<td>5 (35%)</td>
</tr>
<tr>
<td>Other (e.g., cultural, faith based, child welfare/foster care)</td>
<td>2 (10%)</td>
<td>2 (13%)</td>
<td>2 (14%)</td>
</tr>
</tbody>
</table>

Note: Data collected through RPC survey in November to December 2013, October to November 2014, and November to December 2015
Leadership opportunities for RPC members

- The RPC transitioned to self-facilitation.
- RPC members elected co-chairs to work with the Center and DBHS to plan meetings.
- Perceived leadership of the RPC shifted from partners (the Center and DBHS) to RPC members.
Collaborative environment

- A majority of current RPC members agreed with these survey items:
  
  - I am comfortable expressing my point of view even if other RPC members might disagree.
  
  - I am comfortable bringing up new ideas at RPC meetings.
  
  - My opinion is listened to and considered by other members.
Opportunities to network and build relationships

- Developing professional networks with key organizations was a benefit of being part of the RPC Innovation Project.

- A referral network developed across participants.

- RPC members formed positive personal relationships.

- Grantee Learning Community Meetings facilitated knowledge sharing among grantees.
Challenges to the Community-Driven Process
Challenges to community-driven process

- **Structures and processes:**
  - did not always set expectations that RPC members rather than partners should set priorities.
  - prevented two key stakeholders from participating.

- **Waning engagement occurred because of:**
  - time requirements.
  - project phases.
Lessons Learned
Lessons learned

- Define community-driven process from the start
- Decide whether and how often to revisit structures and processes
- Specify roles and responsibilities for each entity
- Establish strategies for building and sustaining engagement
Questions
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Panel Discussion
Current and Former RPC Members

Moderated by Ebony Chambers

Iffat Hussain  Kay Temple Kirk  Lyn Corbett
RPC Project Legacy

“Respite is just that comfort, and what keeps you sane, keeps you from being in those scary places where you think nobody can understand you and that nobody can help you.”

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Dimensions of Respite

- Mental and Physical Break
- Not Alone / Trust
- RESPITE
- Safe Place
- Looking Forward

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7,332 people in crisis served through respite services
10 organizations funded
$5.25 million into the community
Thank You!

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