## Direct Service Programs for African American Pregnant Mothers

### Services

|--------------------------|-----------------------------------|-----------------------------------------------|---------------------------------|------------------------------------------------|------------------------------------------------|------------------------------------------------|----------------|---------------------------|----------------|-------------------|

### Prenatal Care: Clinic Access

- **Home Visits:** Provide the Prenatal Coaching Program (NPP) curriculum once a week. These lessons are specifically designed for fathers, pregnant women, parents, and caregivers of children 0-17 years of age.
- **Incident:** Various based upon client’s participation in Prenatal programs. Community Care Team visits in need of needs and services of each case management and participation of clients. Home visits are made depending on the needs and services of each case management and participation of clients. Community Care Team visits at home, joint visits with County partners. House visits are made depending on the needs and services of each case management and participation of clients.
- **Resources and Services:** Projected by the Health First who has a representation assigned to our site 1-2 days weekly.

### Home Visiting Service Providers: Visit in the Home

- **Support Groups:** Groups for peer support and experience. Partner with Father 2 Father fire and Brother 2 Brother to connect our clients with the support groups that they provide with.
- **Case Management:** Collaborative process and support services.
- **Home Visits:** Provide on-site visits for support and intervention.
- **Education Classes:** Workshops, classes, and other educational opportunities.

### Support Groups: Groups for participants with shared experiences to receive support

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### Case Management: Collaborative process and support services

- **One-on-One Case Management:** Management to connect with the appropriate community and social services.
- **Intensive Care Management:** Management to connect with the appropriate community and social services that meet their needs.

### Education Classes: Workshops, classes, and other educational opportunities

- **One-on-One Case Management:** Management to connect with the appropriate community and social services.

### Transportation: Transportation services, including ride-hailing programs

- **One-on-One Case Management:** Management to connect with the appropriate community and social services.

### Resources and Linkages: connecting families to service providers and resources

- **Connecting Families:** Connecting families to appropriate community resources and services.

### Crisis Response: Immediate response protocols for a death of a child and/or crisis incident

- **Crisis Response Team:** Our team works within 30 minutes of an incident notification.

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**Service Provider**

### African American Perinatal Health Program

- **Prenatal Health Services:** Provide intensive case management services to pregnant women and their families. This program provides support and assistance to those receiving case management services.

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**Community/Crisis Response:**

- **Community/Crisis Response:**
  - **Phone:**
  - **Website:**

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**Services:**

- **Public Health Services:** Provide preventive health and prenatal care to the mother and her family.
- **African American Perinatal Health Program:**
  - **Prenatal Care:**
  - **Healthy Eating, Exercise, Tobacco, Substance Use Counseling:**
  - **Social Services:**
  - **Support Groups:**
  - **Case Management:**
  - **Healthy Pregnancy Campaign:**
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## Service Programs for African American Pregnant Mothers

<table>
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<th>Programs</th>
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</table>
| Mutual Assistance Network | Arden-Arcade Community Incubator Lead (CIL) | **Arden-Arcade Community Center** 8630 52nd Avenue, Sacramento 95821 (916) 286-8867 [Website](http://www.mutualassistance.org/about-us-1/) | **Black Child Legacy Campaign Community Incubator Lead, established in 2016.** Serving zip codes 95822, 95827, 95842. The Mutual Assistance Network is a community development corporation that utilizes the skills and talents of the residents in the northern Sacramento neighborhoods to achieve the following:  
- To improve physical, public safety and social conditions.  
- To stimulate and build self-help and mutual assistance programs that enable residents to work together to achieve good health and successful lives.  
- To promote, conduct, and operate any programs, businesses, or other activities necessary to achieve these purposes.  
The organization is based on home-visiting programs and builds self-help and mutual assistance programs that enable residents to work together to achieve good health and successful lives. | African American families, individuals and children in Arden-Arcade neighborhood |

### Roberts Family Development Center

| Del Paso Heights-North Sacramento Community Incubator Lead (CIL) | **Greater Sacramento Urban League** 7070 W Stockton Blvd., Suite B Sacramento, CA 95821 (916) 537-7516 [Website](http://www.gsuur.org) | **Black Child Legacy Campaign Community Incubator Lead, established in 2016.** Serving zip codes 95823 and 95828. Roberts Family Development Center (RFDC) mission is to provide services to the Greater Sacramento area that meet the individual needs of each family member. Our services provide a holistic approach focusing on their 12th grade academic support and enrichment, parent education and engagement, and community involvement and advocacy. | Children, Teens, Transitional Aged Youth, Adults, Seniors, Community Partners and Stakeholders in the Del Paso Heights and North Sacramento neighborhoods. |

### Liberty Towers North Highlands/Foothill Farms Community Incubator Lead (CIL)

| **Sac Building Healthy Communities Hub** | **Rose Family Creative Empowerment Center** 2951 Point-Road, Suite 116, Sacramento 95822 (916) 726-7181 [Website](http://www.rosecrcenter.com) | **Black Child Legacy Campaign Community Incubator Lead, established in 2016.** Serving zip codes 95819 and 95824. Rose Family Creative Empowerment Center operates an Expanded Learning Program for scholars in Kindergartens through 12th Grades at 5 Elementary and High Schools in Meadowview. We partner with the school support centers who refer pregnant moms for prenatal services. | African American families in Meadowview Community. |

### South Sacramento Christian Center

| Valley Hill Community Incubator Lead (CIL) | **Black Child Legacy Campaign Community Incubator Lead, established in 2016.** Serving zip codes 95822 and 95833. Black Child Legacy Campaign Community Incubator Lead, established in 2016. Serving zip codes 95822 and 95833. Black Child Legacy Campaign Community Incubator Lead, established in 2016. Serving zip codes 95822 and 95833. | Community based and faith based organization providing consumer led programs, resources, navigation, case management, and services. The goal of Liberty Towers Impact, Inc. is to positively impact Sacramento and collaboratively build powerful platforms and programs that unite families and build healthy communities. | African American families in Oak Park Community. |

### Black Infant Health Program

| 9616 Minne Ave Suite C-10, Sacramento, CA 95817-(916) 875-2229 [Website](https://blackinfant-health.org) | **Sacramento County Public Health Department** | Sacramento County Public Health Department provides under represented youth and adults with educational, career training and employment opportunities in order to achieve economic self-reliance. | All risk families in South Sacramento. |

### Nurse Family Partnership

| 9616 Minne Ave Suite C-10, Sacramento, CA 95817-(916) 875-2229 [Website](https://blackinfant-health.org) | **Sacramento County Public Health Department** | a pregnant with first child, meets income requirements, lives within Sacramento County service area, and under 28 weeks gestation | A pregnant woman at risk under 13 months of age |

### African American Perinatal Health Program

| 9616 Minne Ave Suite C-10, Sacramento, CA 95817-(916) 875-2229 [Website](https://blackinfant-health.org) | **Sacramento County Public Health Department** | This pregnancy and early childhood intervention program promotes improved pregnancy outcomes, child health and development and family self-sufficiency | Families with children 0-17 throughout Sacramento County. |

### Birth & Beyond Family Resource Centers

| Meadowview Family Resource Center 2951 Point-Road, Suite 158 Sacramento, CA 95821 (916) 594-2300 | **Valleymill Family Resource Center** 1000 Foothill Blvd., Suite B Sacramento, CA 95821 (916) 593-3031 | **North Sacramento Family Resource Center** 3215 Del Paso Blvd Suite B Sacramento, CA 95815 (916) 679-1763 | **WellSpace Health North Highlands Multi Service Center** 6055 West Avenue, Suite J North Highlands, CA 95690 (916) 679-3025 | **La Familia Counseling Center** 5523 53rd Street Sacramento, CA 95842 (916) 453-3401 | **River Oak Family Resource Center at Dunbar House In Oak Park** 4321 49th Avenue Sacramento, CA 95817 (916) 244-5800 | **Folsom Cordova Community Partnership 10665 Colone Rd., Suite 200 Rancho Cordova, CA 95670 (916) 839-0045** | **Firehouse Community Center 811 Grant Avenue, Suite A3 Sacramento, CA 95818 (916) 527-7094** | **Arcade Community Center 2106 Eaton Ave Sacramento, CA 95815 (916) 514-8087** | **https://www.birthbeyondca.com/** | **Resource and referral, crisis intervention, basic needs support, and counseling. Parents/child playgroups, healthy living classes, and job skills training. Resident leadership, community health fairs, and youth development.** | African American families, individuals and children in North Highlands and Fruitridge/Stockton neighborhoods. |

### Black Mothers United

| 4625 49th Street, Suite 11, Sacramento 95820 (916) 518-6412 [Website](http://www.blackmothersunited.org) | **Black Mothers United** 4625 49th Street, Suite 11, Sacramento 95820 (916) 518-6412 [Website](http://www.blackmothersunited.org) | **Black Mothers United** 4625 49th Street, Suite 11, Sacramento 95820 (916) 518-6412 [Website](http://www.blackmothersunited.org) | **Safe Sleep Baby** 4700 Roseville Road Rancho Cordova, CA 95670 (916) 537-5555 [Website](http://www.safesleepca.org) | **WellSpace Health** 8233 F Stockton Blvd Ste A Ste A, Sacramento, CA 95828 (916) 737-5555 [Website](http://www.wellspacethealth.org) | **WellSpace Health** 8233 F Stockton Blvd Ste A Ste A, Sacramento, CA 95828 (916) 737-5555 [Website](http://www.wellspacethehealth.org) | **Health Care providing adult and pediatric primary care, pre- and peri-natal care.** | African American pregnant women who are at high risk for maternal complications and poor pregnancy and birth outcomes, and under 15 weeks pregnant | Identify as African American, pregnant, and live in Sacramento County, enroll no later than 10 weeks with extended services up to 4 months after birth is born. | Program for babies (0-6 months) parents, family, and caregivers. | African American pregnant women who are at high risk for maternal complications and poor pregnancy and birth outcomes, and under 15 weeks pregnant |